

Sunscreen Policy

According to the American Academy of Pediatrics, children must be protected from the sun by using shade, sun-protective clothing and sunscreen with UVB-ray and UVA-ray protection of SPF-15 or higher. Exposure time will be limited, especially during peak hours from 10am to 4pm. Written permission must also be provided for children by an established policy. It is recommended that sunscreen be administered at least 30 minutes prior to sun exposure. The sunscreen will be applied to all areas of exposed skin, especially the feet, ears, and nose (the three highly sensitive and most commonly burned areas for kids). Children who get even two blistering sunburns increase the risk of skin cancer later in life. This is a good enough reason for you to want to protect your child's skin from day to day. We want to work with you to protect your child. If you apply sunscreen in the morning before coming to the center, you must relay that information to your child's teacher. In order to comply with the AAP recommendations, we will institute the following steps and ask you for your cooperation.

- **Parents must provide and label the container of sunscreen with your child's full name**
- **Hand the sunscreen directly to your child's teacher—do not place in back packs**
- **The sunscreen must be at least a 15-SPF or higher**
- **One permission slip must be signed for every child per sunscreen**
- **Staff will administer sunscreen 30 minutes before going outside**
- **Sunscreen will be applied to all areas of exposed skin, except for the top of the head and the area around the eyes**
- **Sunscreen will be applied every 2 hours while in the sun**
- **This applies to all children 6 months and above**
- **A sports strap and/or caps and visors are permitted**
- **Your child will not be allowed to participate in outdoor activities without sunscreen**

The only exception to the above policy would be if your child has a special medical condition that would warrant exemption from the use of sunscreen. In this case a doctor's note MUST be submitted.

The alternative according to The Skin Cancer Foundation is for you to provide your child with sun-protective clothing. See the office for more details. These guidelines apply to all the children in the entire Early Learning Center that are 6 months and above. If any questions should arise, you may stop in the office for clarity.

We thank you in advance for your cooperation. **Return form to the office by April 25, 2011.**

Revised February 2011

Sunscreen Permission Form

Child's Name _____ Birth Date _____
Name of Sunscreen _____ Classroom _____
Parent/Legal Guardian Signature _____

(A new form must be signed if the brand of sunscreen changes)

This permission form is valid from Monday, May 2, through Friday, September 2, 2011